

Buyer's Guide to Inversion Tables

If two inversion tables look similar, they must be the same...right? In side by side comparisons of inversion tables, consumers may have a difficult time identifying the differences between Teeter and competing brands in regards to materials and features that are vital to their security and product longevity. What factors should you consider when making your purchase decision? How can you validate claims of "safety" and "quality" so that you can make the best choice for you and your family? Here are some important considerations for inversion tables and how Teeter stacks up:

- » **Certification Marks.** Teeter makes the only inversion tables certified by Underwriters Laboratories®, an independent product certification organization that has been publishing and testing to safety standards for more than a century. Teeter's manual inversion tables meet the medical-grade equipment standard, as well as the new inversion table 1647 Listing, the ONLY standard that effectively tests the inversion table to "real world" use, evaluating key safety factors such as cycle minimums, weight load, ankle restraint endurance, and rotation under extreme conditions.
- » **Top Ratings in Comparison Studies:** In independent engineering reviews comparing competing brands of inversion tables, Teeter Hang Ups was rated Number 1 across all categories of evaluation, outperforming in static load and functional endurance trials, ease of assembly (with ¼ the average unassembled parts), performance into full inversion, and noise tests (only Teeter did not creak or squeak after months of use).
- » **Specialized Features:** Looks may be deceiving. What may not be immediately obvious are vital design features for user production and reliable function. Teeter inversion tables offer more specialized features than any other home-use model including heat-treated steel, auto-locking hinges to prevent accidental separation of the bed from the base during stretching or exercise, special squeak-free roller bearings and the optional accessory upgrades. Teeter products are designed with function in mind – no gimmicky features like memory foam that actually inhibits decompression.
- » **Built for the Benefits:** Teeter inversion tables are designed to achieve results. The patented Flex Technology™ on the EP and Contour-Series moves with you, promoting greater range of motion and stretching to help realign the spine and relax muscles. The smooth surface reduces friction, allowing the body to slide and achieve the fullest decompressive stretch. Precision balancing allows total control with simple arm movements and rotation without over-acceleration, enabling smooth oscillation which encourages fluid exchange in the discs and soft tissue of joints.
- » **No Skimping:** Be wary of lighter weight inversion tables – less weight often equates to less steel. A product that looks fine on the surface may actually bear shortcuts that compromise quality and user security like thinner tubing, cheaper materials, and a weak support structure. Heavier tables can also be deceiving – features like padded bed frames weigh more, but an increase in bulk doesn't always equate a stronger table. Teeter Hang Ups Inversion Tables stand apart from others in the marketplace - Teeter understands the essential engineering needed to make a truly exceptional inversion table and puts extra steel in the key components where it matters!
- » **Stability:** Teeter inversion tables feature a base-to-height stability ratio that averages 20% greater than competing models. The smaller the ratio, the greater the risk of product instability. Teeter's tapered A-frame design and corner feet not only look good, but provide a reassuring foundation whether you're doing sit ups, stretching or oscillation.
- » **Manufacturing Experience:** Since 1981, Teeter has designed and manufactured inversion equipment exclusively, building a reputation for incomparable quality standards, testing and marketing efforts. You can put your trust in Teeter Hang Ups, the most enduring brand of home-use inversion products on the market.
- » **Customer Service:** No other inversion equipment manufacturer offers Teeter's level of service and product support, including live customer service agents available Monday-Friday and a comprehensive website that includes everything from benefits information to warranty registration.
- » **Warranty:** Out of all the inversion equipment manufacturers, Teeter offers one of the longest, most extensive product warranties: 5-years for home-use inversion tables, covering every component.