

EP-560™ Inversion Table

EP 60-Series Inversion Tables enhance the user experience to achieve the ultimate in joint and back pain relief through precision balancing, patented stretch grips and an innovative bed design that accommodates pressure point and decompression accessories. Take inversion to the next level with best-rated and most customizable inversion table on the market. In just a few minutes a day, achieve a natural stretch to help improve the health of your spine and joints, increase flexibility, and build strength with inverted exercises.

- Independent Quality-Assurance Tested to Highest Safety Standard:** Voluntary compliance to UL's inversion table safety standard makes Teeter Hang Ups® the only inversion brand with certified quality.
- Rated #1 Inversion Table:** Teeter Hang Ups outlasts and outperforms the competition in product evaluation tests. Rated by Dynamark Engineering as the best inversion table for endurance, strength, rotation control, and ease of assembly.
- ComforTrak™ Bed:** Built for the benefits with a pressure-reducing design that maximizes comfort and flexes with the user to enhance joint mobilization. Its innovative "track" design accommodates the optional Adjustable Acupressure Nodes and Lumbar Bridge accessories (sold separately).
- Optimum Decompression Surface:** The smooth surface reduces friction, allowing the body to slide and achieve the optimum decompressive stretch.
- No Tear, No Stain Construction:** The ComforTrak Bed is more durable than typical nylon or vinyl beds vulnerable to wear and tear. The easy-to-clean surface ensures pristine appearance over years of use.
- Adjustable Head Pillow:** Soft foam pillow can be moved or removed for your comfort needs.
- Grip-and-Stretch Handles:** The ComforTrak bed and A-frame both feature built-in inversion grips for added stretching and decompression.
- Ergo-Embrace™ Supports:** Pressure-reducing specialty foam cups surround the ankles, distributing body weight comfortably around the foot and heel. This design greatly reduces ankle discomfort to allow for a relaxing and secure user experience.



- **Ankle Comfort Dial™:** The foot platform design dials up or down for smaller or larger feet, allowing a comfortable and secure fit for the ankle clamps.
- **Precision Balancing:** Compared with competing brands, engineering tests have shown that Teeter inversion tables are the most precisely balanced. The superior design allows controlled oscillation with minimal effort, promoting fluid movement in the joints, and allows secure lockout in full inversion for advanced exercises and stretching.
- **Pre-set Rotation Control:** The adjustable or removable tether strap allows you to easily pre-determine your maximum angle of inversion.
- **Stable Base (and added floor protection):** Corner feet increase the A-frame base by 20%, and reduce sliding on hard surfaces. The heavy-duty steel frame base features raised grips for enhanced stretching and decompression.
- **Unique and Patented Security Features:** Auto-locking hinges, cam locks, and heat-treated steel parts create a product that is more secure and more reliable.
- **Smooth, Quiet Rotation:** Specialized pivot bearings ensure a lifetime of squeak and rattle-free rotation.
- **Stretch Assist Handles:** Large steel grips feature over-molded plastic with an embossed angle guide.
- **High Quality Finishes:** Features scratch-resistant powder coating and heat-treated steel.
- **Easy Assembly:** Arrives 85% pre-assembled with less than ¼ the average number of parts of other inversion tables; includes tools for assembly.
- **Quick Storage:** Folds in just a few seconds to 20" x 28.75" x 66" (50.8 x 73 x 167.6 cm).
- **Value Added:** Comes with a laminated Owner's Manual attached to the frame for quick-reference and an Instructional DVD to guide you through assembly and use.
- **Bonus Healthy Back DVD Content:** FIVE 10-15 minute Healthy Back exercise and stretching classes by Dr. Shawn, including Good Morning (wake up and warm up your spine), Strength & Stretch (build your core muscles), Posture Correction (look better and function better), Gym Ball (a specialized core building class), and Inversion Table (to receive the maximum benefits from your Teeter Hang Ups).
- **5-Year Warranty:** Unparalleled in the industry; covers all components.
- **Customize:** Teeter Hang Ups offers the *only* inversion tables on the market that can be modified with accessories (sold separately):
 - Acupressure Nodes – “Buttons” in two sizes and two densities insert anywhere along the ComfortTrak™ slots, providing healing pressure for the supporting muscles of the spine
 - Lumbar Bridge – Designed to enhance the decompression and alignment benefits of inversion; provides a point of support that helps to focus traction on the lower back
 - Vibration Cushion with Heated Neck Pillow – 10 vibrating motors and two heaters help increase circulation and relax muscles for a more therapeutic inversion experience

- EZ-Up™ Gravity Boots - Provide maximum comfort and support for the ankles. Order the Adapter Kit, which comes complete with Gravity Boots and Conversion Bar for converting the inversion table
- EZ-Stretch™ Traction Handles – Provide added benefit for inverted stretching and decompression, as well as an effective tool for oscillation
- EZ-Angle™ Tether – Allows pre-set angles at 20, 40 or 60 degrees for an easy guide to where the benefits of inversion begin and are fully realized

Product Specifications

- **Height capacity:** 4'8" - 6'6" (142 – 198 cm)
- **Weight capacity:** 300 lbs (136 kg)
- **Assembled non-use dimensions:** 60" x 28.75" x 58.5" (152.4 x 73 x 148.6 cm)
- **Assembled in-use dimensions:** 84" x 28.75" x 86" (213.4 x 73 x 218.4 cm)
- **Packaged dimensions:** 48.23" x 30" x 6.5" (122.5 x 76.2 x 16.5 cm)
- **Product weight:** 67 lbs (30.39 kg)
- **Warranty:** 5 Years
- **U.S. and international patents apply.**





Benefits of Inversion

For over 30 years, people have been using Teeter Hang Ups to help relieve their back pain and improve their lives. Medical and scientific studies from around the world have shown the benefits of inversion and Teeter is proud to lead the way as the only brand to meet UL's standard for safety. Independent quality assurance gives Teeter users piece-of-mind to relax and enjoy the deep stretch that can naturally relieve back pain. Target back pain at the source with a four-pronged approach that helps to rehydrate discs, realign the spine, reduce nerve pressure and relax muscles. Inversion therapy also helps with joint health and flexibility to relieve joint pain in the neck, upper, mid, and lower back. A preliminary study out of Newcastle University reported a 70.5% reduction in the need for sciatica surgery for patients who regularly used a Teeter Hang Ups inversion table as opposed to physiotherapy alone. Why take a chance on a lookalike that doesn't even come close to meeting basic safety standards? Trust only Teeter Hang Ups for a better back, better body.

About Teeter Hang Ups

Teeter Hang Ups is the longest supplier of inversion products on the market today. Family owned since 1981, Roger Teeter's passion for quality and best value has inspired over 2 million people to put their trust in Teeter Hang Ups. Teeter specializes in decompression products with inversion tables as the primary line; this focus ensures products that are optimized for benefits and function. Teeter's primary attention is on quality – Teeter Hang Ups is the only brand with certified quality, with independent certification to UL's safety standard. Engineering studies show that Teeter Hang Ups inversion tables outperform the competition in endurance, strength, rotation control, and assembly.

Product Comparison Grid – EP-560 & EP-960

	EP-560	EP-960
Features		
Ankle Lock System Options		
· Standard Pin Lock	●	
· Easy-Reach Triple Lock Ratchet		
· Ergo-Embrace (2x Support Area)	●	●
· Gravity Boots & Adapter	Opt. Upgrade	
Rotation/Angle Control Options		
· Standard Tether (for pre-set rotation)	●	
· EZ-Angle Tether (for pre-set rotation)	Opt. Upgrade	
Precision Balancing Options		
· Removable 3-Hole Hinge Design	●	●
Heavy-Duty Steel Frame Options		
· Medical-Grade Quality A-frame	●	●
Bed / Support Design Options		
· ComforTrak™ Bed	●	●
· Optimum Decompression Surface	●	●
· No Tear, No Stain Material	●	●
· Use with optional Acupressure Nodes & Lumbar Bridge	●	●
Handle Options		
· Stretch Assist Handles	●	
· Stretch Max Handles		
Traction Handles	Opt. Upgrade	
Ankle Comfort Dial	●	●
Non-Skid Foot Stabilizers	●	●
90° Inversion Option w/ Secure Lock-Out	●	●
Folds for storage	●	●
Simple Assembly: ¼ the avg. unassembled parts of other inversion tables	●	●
User Capacity		
4'8" – 6'6"	●	●
300 lbs.	●	●
Value-Added Product Support		
Laminated Owner's Manual	●	●
Instructional DVD	●	●
BONUS DVD FEATURE: 5 Healthy Back Stretching and Strengthening Classes	●	●
Warranty		
5-Year	●	●