

The Teeter T3 Massager provides countless options for self massage, trigger point therapy, myofascial release, stretching and back scratching! The unmatched versatility of the T3 allows the user to quickly transition between roller wheels or pressure point knobs, tackle large muscle groups with its sturdy stick roller, or even provide Yoga-style stretching support.

Be Your Own Massage Therapist



Pressure Point Knobs

Single and Dual Pressure Point Knobs simulate circulating thumbs and work best for applying steady and direct pressure to trigger points.



Roller Wheels

Smooth and textured Roller Wheels help massage large surface areas using either a gentle gliding sensation or a targeted, deep-tissue effect.



Stick Roller

Perform myofascial release to common trigger point areas such as the quads, calves, neck, shoulders, and back to help warm up muscles pre-workout or release muscles post-workout.



Strap Attachment

The multi-functional, adjustable-length strap allows the user to add leverage during self-massage and assist with yoga-style stretching techniques. Comes with a Hook-and-Loop storage tie.



Back Scratcher

Easily reach the back and shoulders to satisfy those annoying itches!



Most Versatile Massage & Roller Tool

One-Click Transformation

Easily switch between Pressure Point Knobs and Roller Wheels to deliver customizable relief. Quickly detach the Stick Roller for easy maneuvering, stretching assistance with the strap, or for convenient storage and travel.

Lightweight, Durable Aluminum Support

The Stick Roller core is built to last with an 18mm diameter, 1.6mm wall aluminum shaft, adding strength without bulk.

10-Page Guide

Includes techniques for reaching target areas with each tool and virtually every area of the body.

Packaged Dims	6.9 x 2.0 x 30.1 in (17.5 x 5.0 x 76.5 cm)	
Packaged Weight	2.1 lb (1 kg)	24 lb (10.9 kg)
Master Pack Qty	10	
Item / UPC	TT1001 / 759265700025	
Value Added	10-Page Guide	
Warranty	5-Year	

